



TEACHER'S GUIDE BULLYING Why Would You Want To Do That?

We are pleased to provide this opportunity to introduce the first in a remarkable new series of elementary school workbooks under the title "Why Would You Want To Do That?"

BULLYING is the first release in this series designed to facilitate discussions, primarily with third or fourth graders, regarding a wide variety of social situations that children deal with. By presenting different situations with contemporary, edgy illustrations, the children may recognize themselves or their friends and feel comfortable to relate their own personal experiences. By making this a personal workbook that can be taken home to parents, we also hope to enhance the communication between children and their parents/guardians around these difficult situations.

Bullying is very real. It hurts many people every day and causes hurtful memories that can last a lifetime. It is likely that every child has experienced bullying at some point in their lives, either as a victim, perpetrator or witness.

Why do kids bully? What happens when someone is bullied? What can be done to stop bullying? This book is designed to help your students understand and recognize bullying in its various forms so that they can learn how to deal with it.

We hope you find this book both educational and helpful in the fight against bullying. We hope it inspires your students to think carefully about the decisions they make in life and how they affect others around them. And finally we hope it motivates your students to help someone who may be dealing with bullying in their lives.

After you're done, we suggest that you send the book home with the children so they can discuss it with their parents.

Please be sure to register and complete the on-line questionnaire at www.whywouldyoubooks.com so that we can incorporate your feedback into the final production scheduled for delivery in the fall of 2007.

Ways to use the book:

This book can be read and discussed in a whole group setting, but you may find it more appropriate to use it in small group settings or with children one-on-one.

You probably will want to focus the reading and discussions over several days or weeks.

Extension Activities for children:

Good extension ideas to help the teacher continue on with the lesson throughout the week. Suggestion: when making other extension activities, look at state standards. Also, may want to include extension activities for each concept (i.e. criticism, gossip, etc) vs. just for bullying in general.

1. Role-play a variety of the situations that involve bullying. Children can take turns being the bully or the victim to help them understand the feelings each experiences.
2. Make a comic strip of bullying situations they may have experienced or witnessed.
3. Create a TV show that reports on bullying in the style of a newscast.
4. Create a board game with a theme of bullying and solutions.
5. Keep a journal of social situations they experience or observe.
6. Create representations of feelings of bullying using a variety of materials such as paint, clay, or wire to create individual paintings or mural or sculptures.
7. Make a comparison chart listing the bullying situations in stories that have been read. List the victim and how the bullying was dealt with and what was the outcome.
8. List examples of bullying that have been observed in the media. Have the children reflect on their own feelings as they watched this happening. Why do you think that kind of behavior is included in TV shows and movies?

Discussion Questions:

- Have you experienced similar situations as those presented in the book?
 - How did you feel? How did you respond? If it happened again, do you think you would respond the same way, or do something different? What would you change?
- Where in your school do you think are the most likely places for bullying to happen? Why?
- It may be easier to identify bullying in others than in ourselves. How aware are you of your own bullying behaviors?
- Who in your school could you turn to for help with bullies?
- Who at home could you turn to for help with bullies?
- What kind of a plan could you create that would help you respond to a bullying situation?
- Suggest adding more about being a bystander to bullying. What would you do if your friend was the one bullying another student?